



RETIREMENT PLAN STRATEGY

Cash Balance Plans

A tailored strategy for accelerated, tax-advantaged retirement savings — designed around the goals of your business, not a template.

Cash Balance Plans give business owners and high-earning professionals a way to save well beyond 401(k) limits, while reducing current tax exposure and building long-term wealth. Inside, we cover how these plans work, what they can do for your clients, and how My Benefits and First Party Administrator, LLC bring it all together — every step of the way.

The Benefits of Cash Balance Plans

A Cash Balance Plan is a type of defined benefit plan that combines the higher contribution limits of a traditional pension with the portability and clarity business owners expect from a 401(k). Here's what it can offer.



TAX DEDUCTIBILITY

Contributions to a Cash Balance Plan are fully tax-deductible, easing current tax burdens and letting business owners keep more of what they earn. Funds also grow without current capital gains taxes.



ENHANCED CONTRIBUTION LIMITS

A 401(k) alone caps employee deferral and employer profit sharing well below what a Cash Balance Plan allows. Paired together, individual limits climb dramatically for owners and top earners.



CREDITOR PROTECTION

Like a 401(k), Cash Balance Plans are ERISA-qualified and enjoy strong protection from creditors, bankruptcy proceedings, and civil claims against retirement account funds.



FLEXIBILITY & PORTABILITY

Plans can be tailored to differing benefit levels among owners. At termination, or at age 59½, participants can roll balances into another qualified account, such as an IRA or 401(k).

"We won't force your plan into a one-size-fits-all design. Every Cash Balance strategy we build starts with your goals — tailored, proactive, and accurate from day one."

How a Cash Balance Plan Works

A simplified look at how contributions move from your business into a protected, growing retirement account.

1

We Design It

2

You Contribute

3

It Grows, Protected

4

Flexible at Distribution

Max Cash Balance Contribution Limits for 2026

Illustrative combined contribution potential by age, assuming a 401(k) deferral, profit sharing, and Cash Balance Plan contribution are layered together. Actual amounts depend on plan design, compensation, and testing results — we'll model your specific numbers before you commit to anything.

AGE	401(K) ELECTIVE DEFERRAL	PROFIT SHARING	MAX. CASH BALANCE CONTRIBUTION	COMBINED PLAN TOTAL
35	\$24,500	\$47,500	\$97,000	\$169,000
40	\$24,500	\$47,500	\$124,000	\$196,000
45	\$24,500	\$47,500	\$159,000	\$231,000
50	\$32,500	\$47,500	\$204,000	\$284,000
55	\$32,500	\$47,500	\$262,000	\$342,000
60	\$35,750	\$47,500	\$336,000	\$419,250
65	\$32,500	\$47,500	\$349,000	\$429,000

Figures shown are illustrative maximums for 2026 and are not guaranteed for every plan design. Talk with your My Benefits contact for a projection built around your specific census and goals.

Who Should Consider a Cash Balance Plan?

Cash Balance Plans tend to make the most sense for businesses and individuals who are already maximizing a 401(k) and want a faster, more tax-efficient path to retirement savings.

- ✓ Business owners age 40+ who want to accelerate savings in the years before retirement
- ✓ Profitable, closely held businesses with consistent annual cash flow
- ✓ Physicians, attorneys, and other high-earning professionals maximizing a 401(k) already
- ✓ Businesses seeking a larger, more predictable current-year tax deduction

Tax-Advantaged Wealth Accumulation

Cash Balance Plans have become one of the fastest-growing tools for business owners looking to accelerate retirement savings and reduce taxable income at the same time.

BUSINESS SIZE	TYPICAL ANNUAL CONTRIBUTIONS	ILLUSTRATIVE BALANCE AFTER 5 YEARS
1–2 Owners	\$100K – \$600K	\$500K – \$3.4MM
3–5 Owners	\$300K – \$1.5MM	\$1.5MM – \$8.5MM

Tailored
PLAN DESIGN

Proactive
COMPLIANCE

Accurate
ADMINISTRATION

Growth of newly adopted Cash Balance Plans continues to outpace 401(k)-only adoption, driven largely by small and closely held businesses looking for a faster path to retirement readiness — and a bigger current-year deduction.

Cash Balance + 401(k): Better Together

A Cash Balance Plan doesn't replace your 401(k) — it layers on top of it, so contributions from both plans work toward the same retirement goal.

401(K) PROFIT SHARING PLAN

Handles employee elective deferrals, employer match, and discretionary profit sharing — flexible year to year, with contribution limits that cap out well below what owners often want to save.

CASH BALANCE PLAN

Adds a defined, formula-driven contribution on top — dramatically increasing what owners and top earners can put away each year, fully tax-deductible to the business.

A Better Experience with Market Return Design

Older fixed-rate Cash Balance designs can create volatile, unpredictable contributions because actual investment performance rarely lands on the promised rate. A Market Return design lets account balances track real investment performance instead — producing a steadier, more predictable contribution experience year after year.

ILLUSTRATIVE COMPARISON

PLAN YEAR	EXPECTED CONTRIBUTION	FIXED RATE PROMISE	ACTUAL RATE OF RETURN	FIXED RATE: UNPREDICTABLE AMOUNT	MARKET RETURN: PREDICTABLE AMOUNT
2021	\$100,000	4%	10%	\$67,502	\$100,000
2022	\$100,000	4%	-15%	\$226,027	\$100,000
2023	\$100,000	4%	9%	\$74,100	\$100,000
2024	\$100,000	4%	6%	\$85,400	\$100,000
2025	\$100,000	4%	-3%	\$142,900	\$100,000

Fixed-rate promises force a plan sponsor to make up the difference whenever investments underperform — Market Return design removes that guesswork, so contributions stay proactive and accurate instead of reactive.

FIXED RATE DESIGN

- ✓ Promises a set interest crediting rate regardless of investment performance
- ✓ Sponsor absorbs the gap when actual returns miss the promise
- ✓ Contributions can swing sharply from year to year

MARKET RETURN DESIGN

- ✓ Account balances track actual investment performance
- ✓ No shortfall for the sponsor to make up later
- ✓ Steadier, more predictable annual contributions

Why My Benefits

We redefine what a third-party administrator can be. Every Cash Balance Plan we design is built around three commitments.

T**TAILORED**

A customized approach to fit your plan and your goals — never cookie-cutter.

P**PROACTIVE**

Taking initiative to reduce stress and keep outcomes in your control.

A**ACCURATE**

Attentive to detail, current on the rules, and error-free.

SHIFT THE BURDEN

Through "First Party Administrator, LLC" — your named ERISA 3(16) fiduciary — we shift retirement plan risk, responsibility, and administrative burden from your organization to ours. Think of us as the bridge to your benefits.

- ✓ Plan Design & Record Withholding
- ✓ Plan Compliance & Testing
- ✓ Participant Communication & Support
- ✓ Loan & Distribution Review, Approval & Processing
- ✓ Enrollment Support

LET US DO & YOU REVIEW

Whether you're a financial advisor, plan sponsor, or participant, we look forward to understanding your needs and providing meaningful solutions — with a friendly voice every time you call.

- ✓ \$3 Million+ in Errors & Omissions Coverage
- ✓ Total Fee Transparency
- ✓ Disclosure of All Revenue Sharing (if any)
- ✓ Guaranteed Turn Around Times
- ✓ Focus on Cybersecurity

Cash Balance Services & Support

Every My Benefits client works with a dedicated, responsive team — never a phone tree, never an 800 number. Here's what's included for plan sponsors and the advisors who serve them.



PLAN SPONSOR SERVICES

- ✓ Cash Balance Consultation & Design
- ✓ In-Depth Plan Design Welcome Call
- ✓ Plan Documents
- ✓ Ongoing Actuarial Services
- ✓ Compliance Testing & Government Filings



ADVISOR SERVICES

- ✓ Dedicated Sales & Advisor Consulting Support
- ✓ Plan Design Guidance & Illustrations
- ✓ Sponsor Consultation & Finals Presentation Support
- ✓ Collaborative Team Approach
- ✓ Ongoing Education, Webinars & CE Credit

"Financial advisors are our primary client. We're here to help you maintain and grow your book of business — never to compete with you or bypass you."

Getting Started

A straightforward path from first conversation to a signed plan.

1

Share Census

2

Review Illustration

3

Finalize Design

4

Launch Plan

Reach out to your dedicated My Benefits contact, or email Sales@MyBenefits.me, to request a complimentary Cash Balance illustration built around your own census data.



Let's Bring It All Together for You

Whether you're a financial advisor evaluating Cash Balance strategies for your clients, or a business owner ready to accelerate retirement savings, our team is ready to build a plan around your goals — not a template.

SALES

Sales@MyBenefits.me

PLAN SUPPORT

MyPlan@MyBenefits.me

PHONE

678.500.9551

WEBSITE

mybenefits.me

OUR COMMITMENTS TO YOU

✓ Collaborative Team Approach

✓ Care Through Personal Service

✓ Guaranteed Turn Around Times

✓ Total Fee Transparency

✓ Fiduciary Exposure Mitigation

✓ \$3 Million+ in E&O Coverage